Wifi Code: respectall

THE APULDRAM CENTRE

CAFÉ MENU



Café open

Monday – Saturday 9am – 4pm

**Last orders for hot food 2.30pm, all food subject to availability**

Please advise your serving staff if you have an allergy,

food intolerance or special diet

Breakfast Served Until 11.30am

**Full Breakfast - £9.95**

A classic English Breakfast. Bacon, Sausages, Fried Egg, Mushrooms, Baked Beans, Tomato and a round of Toast\*

**Veggie Breakfast - £8.95**

Quorn Sausages, Fried Egg, Mushrooms, Baked Beans, Tomato and a round of Toast\*

**Eggs on Toast - £4.95**

2 large free-range eggs (V) on thickly sliced white or brown Toast\*

**Beans on Toast - £4.35**

Heinz Baked Beans (VE)(GF) on thickly sliced white or brown Toast\*

**Hot Bap - £5.95 Served all day**

Choose from

**a.** Local Pork Sausages,

**b.** English Bacon

**c.** Vegetarian Sausages (V)

in your choice of a buttered white or brown bap

**Buttery Toast - £2.75**

**Add** either jam, marmite, or marmalade for **50p**

Lunch Served from Midday – 2.30pm

**Roasted Tomato Risotto - £9.25**

Creamy risotto topped with vegetarian parmesan shavings. (V)

**Seasonal Soup of the Day - £6.95**

Please see the board for our soup of the day. Served with a bread roll.

**Pasta of the Day - £9.85**

Please see board for today’s choice.

**Quiche of the Day - £9.25**

Served hot or cold, with a choice of dressed salad or new potatoes.

**3 Free-Range Egg Omelette served with Dressed Salad or New Potatoes - £9.45**

Choose from one of the following fillings:

**a.** Mature Cheddar (V)(GF)

**b.** Unsmoked Bacon (GF)

**c.** Sautéed Mushrooms (V)(GF)

**Add another filling for £1.50**

**Spanish Style Omelette - £9.45**

Eggs, peppers, potatoes, red onion and mature cheddar. Served with dressed leaves (GF)(V)

**Warm Winter Roasted Vegetable Salad - £9.75**

Served with Balsamic Dressing and Goat’s Cheese. (V)(GF)

**Jacket Potatoes - £7.45**

Oven baked potato served with a dressed salad garnish and your choice of filling.

**a.** Mature Cheddar Cheese (V)(GF)

**b.** Tuna Mayo (GF)

**c.** Baked Beans (Ve)(GF)

**d.** Homemade Crunchy Coleslaw (V)(GF)

**Sandwich or Roll - £5.95**

Tasty Sandwiches and Rolls freshly made to order. Choose a brown or white roll or bread Served with a side of baked vegetable crisps.

**a.** Mature Cheddar Cheese and Tomato (V)

**b.** Wiltshire Ham

**c.** Tuna Mayo

**d.** Egg Mayo (V)

**Toasties - £7.05**

Choose from one of the following fillings:

**a.** Mature Cheddar (V)

**b.** Unsmoked Bacon

**c.** Tuna Mayo

**d.** Wiltshire Ham

**Add another filling for £1.50**

Light Bites

**Cheese Scone – £2.00**

Served with butter (V)

**Add** Jam, Marmalade, Chutney or Marmite **50p**

**Toasted Tea Cake - £2.50**

Served with butter (V)

**Garlic Bread - £1.65**

Homemade (V)

**Halloumi Fries - £4.70**

With chilli dip (V)

**Please see the Specials Board for today’s desserts!**

**Additionally, please see our selection of cakes and hot hold items**

All our menu items can be boxed for take away

**All available hot beverages are located on the board and all cold drinks are in the fridge**

**We also sell a fabulous range of Homemade Bread,**

 **Jams, Chutneys & Marmalades, our own Homegrown Fruit & Veg (seasonal and subject to availability) as well as Local Honey, Organic Free-range Eggs and Ice Cream!**

\* Gluten Free Options Available

(V) Suitable for Vegetarian Diets

(Ve) Suitable for Vegan Diets

(GF) Gluten Free

**Dogs on leads are welcome to join you in the outdoor seating areas – we even have treats and Ice Cream especially for your 4-legged friends!**

**Ice Cream for Doggies sold here!! £1.85 a tub**

The Apuldram Centre is an independent registered charity, working to support adults with learning disabilities, and has delivered services in Chichester and surrounding area for 30 years. Our services include a dedicated Day Centre offering meaningful and enterprising daytime occupational activities such as: horticultural, both on and off site; woodwork; cookery and arts & crafts. We also support a number of people in the Chichester area to live independently in their own tenancies. We run a community outreach service, Hub Club, three times a week in central Chichester.

**Children’s portions are also available – please ask your server**